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**HOLY SPIRIT PARISH**



**Parish News**

## From the desk of Fr. David

In this Sunday's Gospel, some Greeks approach Philip with a request, "Sir, we would like to see Jesus".

The Greeks were people who travelled all over the ancient world. They travelled for trade, commerce and pleasure. The Greeks also were known as seekers after truth and they had seeking, thirsting minds.

We can come before our Lord today with the same request as the Greeks, "We would like to see Jesus". This is the desire for our own ongoing conversion of life. There are stages in our journey of conversion.

1. We seek Him, we go looking for Him, looking for truth about life and human living.
2. We find Christ. We realize He is the answer to our prayers, and that He is the Truth and we want to follow Him.
3. Now we spend time getting to know Him in prayer, scripture reading and the sacraments. We begin to realize we may have to give up some attitudes, belief and behaviors that are not in line with living in Christ.

Jesus says to each of us, "Deny yourself, pick up your cross each day and come, follow Me".

Follow Me, along the Way, the Road that leads to everlasting life.

A handwritten signature in cursive script that reads "Fr. David".

**"Some saints are privileged to extend to us their patronage with particular efficacy in certain needs but not in others; but our holy patron St. Joseph has the power to assist us in all cases, in every necessity, in every undertaking."**

***St. Thomas Aquinas***

celebration will be added permanently to our regular schedule until further notice. **Capacity is still limited to 150 people per Mass.** There is still room on Sunday evening at 7:00 pm. You may also wish to attend a weekday Mass instead, at 9:00 am Monday to Saturday and Wednesday evenings at 7:00 pm.

Dispensation from attending Sunday Mass is still in effect.

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## A MOMENT FOR MUSIC



COVID and lockdowns have affected so many things, including music. As a result, many of us have been looking for ways to do things virtually, to find ways to lift people's spirits. It has been almost a year now, and this whole situation has started to wear people down. Dean Taggart and Cassandra Bessette have been working together in a project since last November, they created a wonderful piece of work called The Prayer. Cass is one of the rising stars, as a singer and conductor, in the choral community in Calgary. Dean is proud to have been able to work with her. Enjoy and share with family and friends. [~The Prayer~](#)

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## Easter Card Mission Council Fundraiser



We have a good selection of beautiful Easter Cards. They are located in the Parish office for you to purchase, just for \$1 each. Please consider supporting Mission Council through this fundraising.

All used cards and new envelopes are gratefully received and may be left on the counter in front of the bulletin board in the gathering area. Easter Blessings to you and your family.

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## **Easter Flowers**



As in past years, we encourage you to dedicate flowers this Easter in the memory of a loved one or on behalf of your family. Donation envelopes and a "plant card" for your personal message can be found at the Welcome Desk or inquire at the office. Thank you for making our church more beautiful and helping with the cost of flowers this Easter.

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## **Income Tax Program**



Through the Community Volunteer Income Tax Program, Holy Spirit Parish hosts free tax clinics where volunteers file tax returns for eligible people. **Service will be provided only Saturdays**, as it follows:

**March 20 - 9 am to 10 am**

**April 10 - 9 am to 10 am**

**April 24 - 9 am to 10 am**

Drop-off and pick-up, this is a first-come service. Show up during advertised hours and drop off your documents. A volunteer will prepare your return, and you will pick it up the next scheduled date. Your ID will be required to pick up your return and documents. **Due to Covid-19 regulations, no in-person service can be provided. We appreciate your understanding that questions cannot be answered during weekdays.**

To see if you qualify for the program see the [guideline](#).

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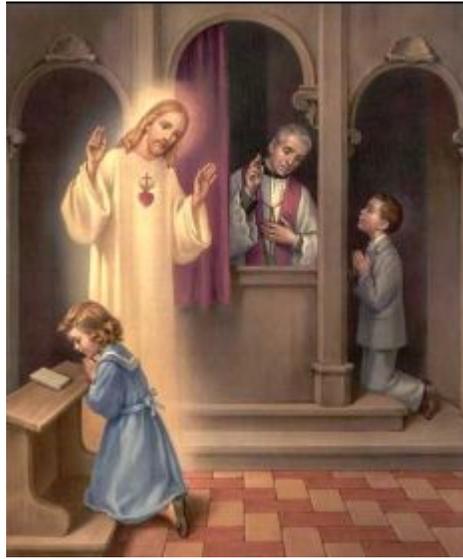
## Stations of the Cross



**“We adore You, O Christ, and we praise You. Because by your Holy Cross You have redeemed the world”**

Come and join us for The Stations of the Cross every **Friday at 7:00 pm**. This spiritual pilgrimage through contemplation of the Passion of Christ, helps us to not forget all Jesus' suffering for our redemption.

## Sacrament of Confession



Here are some resources that might help individuals and family in your community when you promote your parish confession schedule:

- [Diocesan printable Confession card for children](#) (includes examination of conscience, step-by-step and simple act of contrition)
- [Printable examination of conscience for children](#)
- [Goodconfession.com](#)
- [In depth examination of conscience for adults](#)
- [Printable guide to Confession for adults](#) (provided by Knights of Columbus)
- Video: [Making a good confession \(Fr. Mike Schmitz\)](#)
- Video: [Bringing the same sins to confession? Try this](#)

Holy Spirit is offering a special schedule for confessions during Lent. Come to receive the Sacrament of Reconciliation so you can experience the spiritual benefits that this Sacrament offers.

### **Reconciliation During the Lenten Season:**

Fridays: 9:30 - 10:30 am and evenings during the Stations of the Cross 7:00 - 8:00 pm (two priests)

Saturdays: 1:00 - 3:00 pm (two priests)

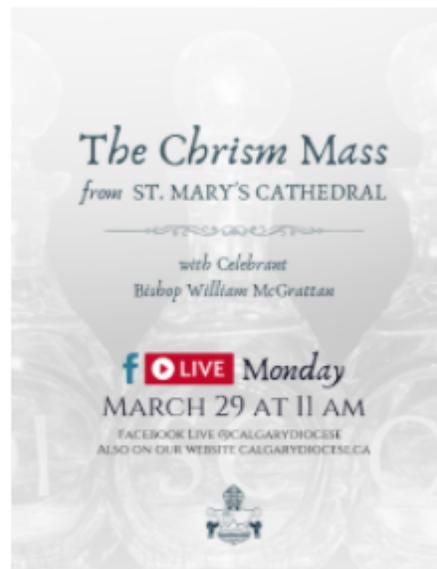
Wednesday evenings: 7:30 pm - 8:30 pm (two priests)

**or by request**, call Parish Office at 403-251-3381.



Faithfully gives a snapshot of faith at work in the lives of everyday people. Get inspired with faith stories, our Bishop's message, and find out what's happening in our Diocese. [Read the March issue of Faithfully.](#)

## The Chrism Mass



Bishop McGrattan will be celebrating the Chrism Mass on **Monday, March 29 at 11 am**. This Mass will be livestreamed from the Cathedral. The Chrism Mass this year will be by invitation only due to the limited occupancy in the Cathedral. Since the priests did not have the opportunity to renew publicly their priestly promises last year, the Diocese endeavors for this public renewal to take place this year.

The Livestream of the Chrism Mass will be available on our website [catholicycy.ca](http://catholicycy.ca) and the [Diocesan Facebook](#).

There will not be morning Mass on Monday March 29th at Holy Spirit

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## Amoris Laetitia Family - Year 2021-2022



On March 19, 2021, the Church will celebrate five years since the publication of the Apostolic Exhortation *Amoris Laetitia* on the beauty and joy of love in the family. On the same day, Pope Francis will launch the Year “*Amoris Laetitia* Family”, which will conclude on June 26, 2022, on the occasion of the X World Meeting of Families in Rome with the Holy Father. [Read more.](#)

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### News from the Diocese of Calgary

1) **Lenten Spiritual Renewal.** Watch Reflection #5 from the Bishop: Listening to the Word of God - [YouTube](#)

Watch the full series [here.](#)

2) **Bishop McGrattan is offering Sunday Masses at the following parishes in March.** Masses will be livestreamed via Parish Livestream link(s).

- **Saturday, March 20 at 5 pm** - Anticipated Mass for the Fifth Sunday of Lent | All Saints Parish, Lethbridge. Watch on their [website.](#)
- **Sunday, March 21 at 10:30 am** - Fifth Sunday of Lent | Holy Family Parish, Medicine Hat. Watch on [Youtube.](#)

3) **Holy Week & Easter celebration at home**

It is best to attend all sacred liturgies in person but if this is not possible, [follow these tips and check out these resources](#) to cultivate some of the rituals and spirit of Holy Week in our own homes.

4) **Ethical concerns related to COVID vaccines**

In case you missed it: Here is the latest note from the CCCB on ethical

### 5) Holy Week & Triduum Livestream

Bishop McGrattan will be celebrating the Holy Week & Triduum at St. Mary's Cathedral:

- Palm Sunday, March 28 at noon
- Chrism Mass, March 29 at noon
- Holy Thursday, April 1 at 7 pm
- Good Friday, April 2 at 3 pm
- Easter Vigil, April 3 at 8:30 pm
- Easter Sunday, April 4 at noon

All liturgies will be livestreamed on our [website](#) and TELUS Optik TV Channel 877.

### 6) Saint Joseph, Patron of the Unborn

How is it then that the man who never co-operated physically in generating a child can be the patron of the offspring of such a generation? [Read this article](#) written by Joshua Francis Fililpetto and published in Catholic Insight, an online magazine.

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MENU ▼

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## Charitable donation tax credit rates

Use this table to find tax credit rates for charitable donations.

### Charitable donation tax credit rates for 2017 and 2016

| Canada/province/territory | Rates for eligible amount up to \$200 | Rates for eligible amount over \$200 |
|---------------------------|---------------------------------------|--------------------------------------|
| CA                        | 15.00%                                | 29.00%*                              |
| AB                        | 10.00%                                | 21.00%                               |
| <b>Tax Credit</b>         | 25.00%                                | <b>50.00%</b>                        |

You will receive 50% back of your donation



Our parish relies on your Sunday offerings for maintenance and growth. By making your pre-authorized offertory gift, you are providing crucial support to care for your parish during this difficult time. We are now accepting debit/credit cards and online donations, which during this Covid-19 period, are safe options to keep giving. If you are interested in this way of helping, please contact the Parish Office or [click here](#) to register.

## Spanish Mass Registration



As the Hispanic community has only one weekend Mass, there is a Registration System in place to ensure compliance with the AHS and Diverse regulations and guidelines. If you want to register for the Spanish Mass, please email [coord\\_latinos@holyspiritparish.net](mailto:coord_latinos@holyspiritparish.net) or text 403-671-3787 **(no calls please)**. If you want to register to receive the Hispanic Ministry news (Spanish Bulletin) please [click here](#).

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Blessed St. Joseph, I consecrate myself to your honor and give myself to you, that you may always be my father, my protector and my guide in the way of salvation. Obtain for me great purity of heart and a fervent love of the interior life.

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## Parish Schedule

### Mass Times

Monday to Friday: 9 am

Wednesday: 7 pm

First Saturday of the month: 9 am

Saturday: 5 pm, 7 pm (Spanish)

Sunday: 9 am, 11 am, 1 pm and 7 pm (New - Mass Celebration at 1 pm)

Every Saturday at 9 am during Lent

The 5 pm Saturday Mass will be livestreamed. To view Mass live, visit our

[YouTube Channel](#)

### Mass Intentions

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## Eucharistic Adoration

**Monday – Friday:** 11 am – 4 pm

**Saturday:** Noon – 4 pm

Please sign up for Adoration using the invitation forms at the Welcome Desk, or contact Nazira Abi Rached. Text or call: **403-978-1303** or

Email: [eucharisticadoration2019@outlook.com](mailto:eucharisticadoration2019@outlook.com)

## Rosary & Prayer Group

**Rosary** will take place in the Chapel every Wednesday at 6 pm and daily at 10 am on Zoom. To receive a Zoom invitation, contact Marta

Toltesi: [totustuus@shaw.ca](mailto:totustuus@shaw.ca).

**Four Mysteries of the Rosary** are prayed every first Friday of the month at 4 pm in the Chapel.

**Monday Prayer Group:** One hour of prayer every Monday evening in the Chapel beginning at 7:15 pm. Our hour encompasses the Rosary and Divine Mercy Chaplet. All are welcome. Contact **Jeanne 403-281-3432**.

**Please pray for the sick:** Tanya Ross, Art Chouinard, Monica Cea, Lorraine Sharplin, Nadia Enjeneski, Paul Ortner, Jessica Lumband, Kye Beatty, Wilferd Becker, Brett Tennant, Jennifer Newton, Cindy Tennant, Lisbeth Olivieri, Michael Fraser, Wilford Pamittan, Bob Norton and Scott Matheson.

**Pray for the repose of the soul of :** Jeffrey Meaden, Rogers Lehew and Margaret Ankerman.

**Prayer requests:** The Rosary Making Apostolate has an Intercessory Prayer Ministry with over 150 'prayer partners' interceding for the requests received. The CWL also prays for these intentions. To request prayers send an email to [totustuus@shaw.ca](mailto:totustuus@shaw.ca).

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## Catholic Links

[RC Diocese of Calgary](#)

[Vatican.va](#)

[CWL](#)

[Knights of Columbus](#)

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## Other Links and Resources

[Seniors Wellness in Challenging Times](#)

[Help In Tough Times](#)

[Family Support & Visitation](#)

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*Living and  
Learning  
in our  
Catholic  
Faith*



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**St. Jude School**

Click on the logo for more information about each school

You are currently on a mailing list to receive these regular updates on what's happening in the parish. **If you no longer wish to receive these emails, scroll to the bottom and click on unsubscribe.**

## Contact us

Parish Office hours: Monday to Friday 9 am - 4 pm  
403-251-3381 [info@holyspiritparish.net](mailto:info@holyspiritparish.net)

Pastor: Fr. David Meadows

\*\* 403-510-9906

[fr.david@holyspiritparish.net](mailto:fr.david@holyspiritparish.net)

Assoc. Pastor: Fr. Pilmaiken Lezano

[fr.pilmaiken@holyspiritparish.net](mailto:fr.pilmaiken@holyspiritparish.net)

Deacon Paul Heffernan \*\* 403-874-8858

[paul.heffernan@calgarydiocese.ca](mailto:paul.heffernan@calgarydiocese.ca)

Deacon Alex Martinez \*\* 587-894-5314

[deaconalex@holyspiritparish.net](mailto:deaconalex@holyspiritparish.net)



**Mother Mary, pray for us.**



**St. Joseph, pray for us.**

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