



## HOLY SPIRIT PARISH



## Parish News

March 26, 2021

**From the desk of Fr. Pilmaiken**

to Jerusalem. Something worth noticing, is that the disciples did not understand these things at first (cf. Jn 12:16), as it could happen 2000 years later. Many of us may not understand Jesus' Passion and Death at first glance, therefore, it is of utmost importance for Christians to reflect on it, to journey with the Lord during His Passion, Death and Resurrection.

After two-thousand years, many are still drawn to the Lord, many praise Him and glorify Him, many books and songs are written to tell and sing the wonders of the Lord.

As we enter Holy Week, it is the most suitable opportunity for all of us, Christians, to look at the Lord's Passion with the eyes of the Lord, and find the Redemption He won for us by the way of the triumphant Cross.



**"The Church must be a place of mercy freely given, where everyone can feel welcomed, loved, forgiven and encouraged to live the good life of the Gospel."**

***Pope Francis***

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## **Addition of Sunday Mass**

Just a reminder that we are now having an extra Mass celebration at 1:00 pm. **Capacity is still limited to 150 people per Mass.** There is still room on Sunday evening at 7:00 pm. You may also wish to attend a weekday Mass instead, at 9:00 am Monday to Saturday and Wednesday evenings at 7:00 pm.

Dispensation from attending Sunday Mass is still in effect.

Holy Spirit Parish does not offer online registration for Masses. Please be aware that when you come to Mass you register at the entrance, so **the system is first come first served.** We are not pre-registering for any Mass.

## Distribution of Palms



On Sunday March 28, we will be distributing Palms for those who were not able to attend Palm Sunday's Mass. Distribution will take place in our parking lot at 2 pm. Drive by to get yours!

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## Spiritual Shopping Made Easy



Handmade rosaries and other religious items for Baptism, First Communion, Confirmation and other special occasions are available from the Rosary Makers Display Case in the Gathering Area. Purchases can be made from 2:30 pm – 4:00 pm Monday to Saturday or call Nazira at 403-978-1303 to set up a time convenient for you. All proceeds are used to make and send rosaries to the missions. Through your support and generosity we have made and sent over 60,000 rosaries to missions all over the world this past year.

## A MOMENT FOR MUSIC



This beautiful choral rendition of Salve Regina (Hail, Holy Queen) by Fundación Canto Católica features 450 people from 33 different countries. [Enjoy the video.](#)

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## Eucharistic Adoration



**“Come to Me all who labor and are heavy burdened  
and I will give you rest.”**

Monday – Friday: 11 am – 4 pm.

Saturday: Noon – 4 pm.

**No Eucharistic Adoration from April 1 - 5 (Easter Holiday).**

April Overnight Eucharistic Adoration will be on the second weekend of the month. The Blessed Sacrament will be exposed in the Chapel of Annunciation **from Saturday April 10 at 8:00 pm to Sunday April 11 at 8:00 am.** If you would like to accept the Lord’s invitation and commit to making a Holy Hour please contact Nazira. Email: [eucharisticadoration2019@outlook.com](mailto:eucharisticadoration2019@outlook.com)

Phone: Call or Text: 403-978-1303

## Easter Triduum Livestream Masses



Due to our limited capacity, Holy Spirit Parish will be offering the following Masses livestreamed:

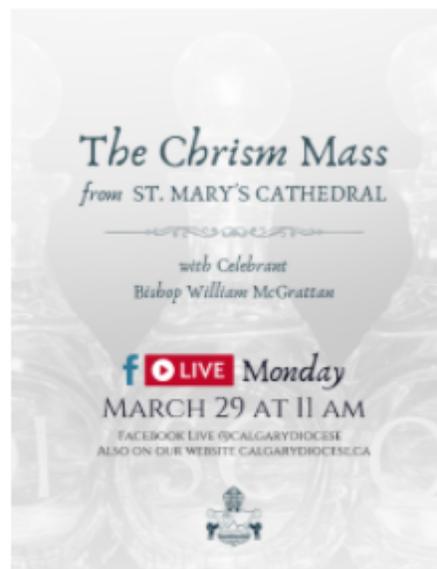
**Holy Thursday April 1 - 7:00 pm**

**Good Friday April 2 - 3:00 pm**

**Easter Sunday April 4 - 9:00 am**

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## The Chrism Mass



Bishop McGrattan will be celebrating the Chrism Mass on **Monday, March 29 at 11 am**. This Mass will be livestreamed from the Cathedral. The Chrism Mass this year will be by invitation only, due to the limited occupancy in the Cathedral. Since the priests did not have the opportunity to renew publicly their priestly promises last year, the Diocese endeavors for this public renewal to take place this year.

There will not be morning Mass on Monday March 29th at Holy Spirit

## Other Parishes Triduum & Easter Schedule



Others Parishes Triduum & Easter schedule [here](#).

Resources for parishioners during Holy Week & Triduum (family rituals, children activities, livestream preparation etc.) [click here](#).

## Online Stations of the Cross



1. This year the Development and Peace The Way of the Cross invites us to reflect on the need to share love and to develop greater social fraternity in light of Jesus's passion, death and resurrection. Please join us for this online event to pray the stations together with staff, members and friends of Development and Peace. When: **Good Friday, April 2 at 10**

2. Mount St. Francis Retreat Centre in Cochrane, Alberta, invites you to participate in a virtual *Way of the Cross*, using the stations erected on Mount St. Francis grounds. Friar Michael Perras, OFM, gives a brief history of the stations and their link to the Franciscans. He then offers a guided meditation on the Way of the Cross. [Watch here.](#)
3. You are invited to pray with the recorded *Stations of the Cross* by St. Mary's Parish in Cochrane. [Watch here.](#)

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## News from the Diocese of Calgary

- 1) **Lenten Spiritual Renewal.** Watch Reflection #6 from the Bishop: Proclaiming to the Word of God - [YouTube](#)  
Watch the full series [here.](#)

### 2) A response to Bill C-7 expansion

The Senate accepted a revised version of [Bill C7](#). The bill received royal assent on March 17. Under the new law, Canadians who are not near the natural end of their lives can seek assisted suicide. [Read more here.](#)

### 3) Together in Action 2021 - Resources

The [TIA 2021 webpage](#) has been updated with the following resources:

- [Surplus Funds Request Form](#) (PDF fillable)
- [TIA funding application form for local food bank](#) (PDF fillable)

### 4) Feed the Hungry - 25k to go

Thanks to the generous support of the Bishop's Dinner sponsors, we are well on our way to serving over 15 thousands guests this year through Feed the Hungry program. The annual [Bishop's Dinner](#) is a little different this year. With so many of our community members facing food insecurity, we have redirected our efforts to provide care packages to those in need. *Feed the Hungry* has been providing "curbside-pickup" care packages to around 300 guests every Sunday since the beginning of the pandemic, not being able to host the weekly

up to 50%!

Another way to help Feed the Hungry is through **Sponsor a Sunday**. Each dinner costs about \$6000, and we're seeking donors to help us meet our goal of getting every Sunday covered. [Reserve your Sunday\(s\) here.](#)

#### 5) **Holy Week & Triduum Livestream**

Bishop McGrattan will be celebrating the Holy Week & Triduum at St. Mary's Cathedral:

- Palm Sunday, March 28 at noon
- Chrism Mass, March 29 at noon
- Holy Thursday, April 1 at 7 pm
- Good Friday, April 2 at 3 pm
- Easter Vigil, April 3 at 8:30 pm
- Easter Sunday, April 4 at noon

All liturgies will be livestreamed on our [website](#) and TELUS Optik TV Channel 877.

#### 6) **CCCB Resources for the Year of St. Joseph**

The CCCB has launched today the page for the Year of St. Joseph on their [website](#). This page offers various resources related to St. Joseph on prayers and devotions, catechetical resources for adults and children, and Church documents.

#### 7) **Reminder: Tenebrae, an evening of Lenten Lessons & Hymns**

St John Choir Schola (SJCS) invites you to join their first Tenebrae: An Evening of Lenten Lessons & Hymns on March 31 at 7:30 pm. Live-streamed from Our Lady of the Assumption Church on **Wednesday March 31, 2021 at 7:30pm**, this candlelit SJCS Tenebrae service weaves the salvation narrative through crucial moments in the Old Testament to the betrayal and Passion of Christ. Livestream will be available at [www.sjcschola.ca](http://www.sjcschola.ca)

#### 8) **Theology of the Body Virtual Conference**

Last year, more than 77,000 men and women from 160 countries registered for the inaugural TOBVC, making it the largest Catholic Conference in 2020! Hosted by [Theology of the Body Institute](#), the TOB Virtual Conference **April 30-May 2** will feature dozens of prominent speakers and

yourself and with others, and how it will bring your Catholic faith alive in new and brilliant ways. For more information or to register, [click here](#).

## 9) Fertility Education

Billings Ovulation Method Teacher Training Webinars will begin in April 2021. This program is the first step required to become an Accredited BOM Teacher. Participants gain knowledge and skills to provide fertility education suited to every season of reproductive life. Simplicity and solid science come together for the welfare of marriages & children. For more details and to register, visit [billingslife.ca](http://billingslife.ca)

## DONATION BENEFIT



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[Canada.ca](#) > [Taxes](#) > [Charities and giving](#) > [Giving to charity: Information for](#)

### Charitable donation tax credit rates

Use this table to find tax credit rates for charitable donations.

#### Charitable donation tax credit rates for 2017 and 2016

Canada/province/territory	Rates for eligible amount up to \$200	Rates for eligible amount over \$200
CA	15.00%	29.00%*
AB	10.00%	21.00%
<b>Tax Credit</b>	25.00%	<b>50.00%</b>

You will receive 50% back of your donation



Our parish relies on your Sunday offerings for maintenance and growth. By making your pre-authorized offertory gift, you are providing crucial support to care for your parish during this difficult time. We are now accepting debit/credit cards and online donations, which during this Covid-19 period, are safe options to keep giving. If you are interested in this way of helping, please contact the Parish Office or [click here](#) to register.

## Spanish Mass Registration



As the Hispanic community has only one weekend Mass, there is a Registration System in place to ensure compliance with the AHS and Diverse regulations and guidelines. If you want to register for the Spanish Mass, please email [coord\\_latinos@holyspiritparish.net](mailto:coord_latinos@holyspiritparish.net) or text 403-671-3787 (**no calls please**).



After your example, may I perform my actions for the greater Glory of God, in union with the Divine Heart of Jesus and the Immaculate Heart of Mary. Pray for me, Saint Joseph, that I may experience the peace and joy of your holy death. Amen.

There will not be morning Mass on Monday March 29th

## **Parish Schedule**

### **Mass Times**

Monday to Friday: 9 am

Wednesday: 7 pm

First Saturday of the month: 9 am

Saturday: 5 pm, 7 pm (Spanish)

Sunday: 9 am, 11 am, 1 pm and 7 pm (New - Mass Celebration at 1 pm)

Every Saturday at 9 am during Lent

The 5 pm Saturday Mass will be livestreamed. To view Mass live, visit our [YouTube Channel](#)

### **Mass Intentions**

experience the spiritual benefits that this Sacrament offers.

### **Reconciliation During the Lenten Season:**

Fridays: 9:30 - 10:30 am and evenings during the Stations of the Cross  
7:00 - 8:00 pm (two priests)

Saturdays: 1:00 - 3:00 pm (two priests)

Wednesday evenings: 7:30 pm - 8:30 pm (two priests)

**or by request**, call Parish Office at 403-251-3381.

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## **Eucharistic Adoration**

**Monday – Friday:** 11 am – 4 pm

**Saturday:** Noon – 4 pm

Please sign up for Adoration using the invitation forms at the Welcome Desk, or contact Nazira Abi Rached. Text or call: **403-978-1303** or

Email: [eucharisticadoration2019@outlook.com](mailto:eucharisticadoration2019@outlook.com)

## **Rosary & Prayer Group**

**Rosary** will take place in the Chapel every Wednesday at 6 pm and daily at 10 am on Zoom. To receive a Zoom invitation, contact Marta

Toltesi: [totustuus@shaw.ca](mailto:totustuus@shaw.ca).

**Four Mysteries of the Rosary** are prayed every first Friday of the month at 4 pm in the Chapel.

**The Divine Mercy Chaplet** is prayed on zoom daily at 3:00 pm.

To receive the link, email Marta Toltesi: [totustuus@shaw.ca](mailto:totustuus@shaw.ca).

**Monday Prayer Group:** One hour of prayer every Monday evening in the Chapel beginning at 7:15 pm. Our hour encompasses the Rosary and Divine Mercy Chaplet. All are welcome. Contact **Jeanne 403-281-3432**.

**Please pray for the sick:** Art Chouinard, Kye Beatty, Wilferd Becker, Brett Tennant, Jennifer Newton, Cindy Tennant, Lisbeth Olivieri, Michael Fraser, Bob Norton, Scott Matheson, Bill Dolan, Vi Metcalf, Ed Chala and Amy MacDonald.

**Prayer requests:** The Rosary Making Apostolate has an Intercessory Prayer Ministry with over 150 'prayer partners' interceding for the requests received. The CWL also prays for these intentions. To request prayers send an email to [totustuus@shaw.ca](mailto:totustuus@shaw.ca).

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## Catholic Links

[RC Diocese of Calgary](#)

[Vatican.va](#)

[CWL](#)

[Knights of Columbus](#)

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## Other Links and Resources

[Seniors Wellness in Challenging Times](#)

[Help In Tough Times](#)

[Family Support & Visitation](#)

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## Our Schools



*Living and  
Learning  
in our  
Catholic  
Faith*



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Catholic  
Faith*



Click on the logo for more information about each school

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You are currently on a mailing list to receive these regular updates on what's happening in the parish. **If you no longer wish to receive these emails, scroll to the bottom and click on unsubscribe.**

## Contact us

Parish Office hours: Monday to Friday 9 am - 4 pm  
403-251-3381 [info@holyspiritparish.net](mailto:info@holyspiritparish.net)

Pastor: Fr. David Meadows

\*\* 403-510-9906

[fr.david@holyspiritparish.net](mailto:fr.david@holyspiritparish.net)

Assoc. Pastor: Fr. Pilmaiken Lezano

[fr.pilmaiken@holyspiritparish.net](mailto:fr.pilmaiken@holyspiritparish.net)

Deacon Paul Heffernan \*\* 403-874-8858

[paul.heffernan@calgarydiocese.ca](mailto:paul.heffernan@calgarydiocese.ca)

Deacon Alex Martinez \*\* 587-894-5314

[deaconalex@holyspiritparish.net](mailto:deaconalex@holyspiritparish.net)

**\*\* Emergency only - please call Parish Office for inquiries.**

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**Mother Mary, pray for us.**



**St. Joseph, pray for us.**

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